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1 **Local modulation of the Wnt/ β -catenin and BMP pathways recapitulates rib**
2 **defects analogous to cerebro-costo-mandibular syndrome**

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14 **Abstract**

15 Ribs are seldom affected by developmental disorders, however, multiple defects
16 in rib structure are observed in the spliceosomal disease cerebro-costo-
17 mandibular syndrome (CCMS). These defects include rib gaps, found in the
18 posterior part of the costal shaft in multiple ribs, as well as missing ribs, shortened
19 ribs and abnormal costotransverse articulations, which result in inadequate
20 ventilation at birth and high perinatal mortality.

21 The genetic mechanism of CCMS is a loss-of-function mutation in *SNRPB*, a
22 component of the major spliceosome, and knockdown of this gene *in vitro* affects
23 the activity of the Wnt/ β -catenin and BMP pathways. This study aims to
24 investigate whether altering these pathways *in vivo* can recapitulate rib gaps and
25 other rib abnormalities in the model animal. Chick embryos were implanted with
26 beads soaked in Wnt/ β -catenin and BMP pathway modulators during
27 somitogenesis and incubated until the ribs were formed. Some embryos were
28 harvested in the preceding days for analysis of the chondrogenic marker *Sox9*,
29 to determine whether pathway modulation affected somite patterning or
30 chondrogenesis.

31 Wnt/ β -catenin inhibition manifested characteristic rib phenotypes seen in CCMS,
32 including rib gaps ($P<0.05$) and missing ribs ($P<0.05$). BMP pathway activation
33 did not cause rib gaps but yielded missing rib ($P<0.01$) and shortened rib
34 phenotypes ($P<0.05$). A strong association with vertebral phenotypes was also
35 noted with BMP4 ($P<0.001$), including scoliosis ($P<0.05$); a feature associated
36 with CCMS. Reduced expression of *Sox9* was detected with Wnt/ β -catenin
37 inhibition, indicating that inhibition of chondrogenesis precipitated the rib defects
38 in the presence of Wnt/ β -catenin inhibitors. BMP pathway activators also reduced

39 Sox9 expression indicating an interruption of somite patterning in the
40 manifestation of rib defects with BMP4.

41 This study demonstrates that local inhibition of the Wnt/ β -catenin and activation
42 of the BMP pathway can recapitulate rib defects such as those observed in
43 CCMS. The balance of Wnt/ β -catenin and BMP in the somite is vital for correct
44 rib morphogenesis, and alteration of the activity of these two pathways in CCMS
45 may perturb this balance during somite patterning leading to the observed rib
46 defects.

47
48 **Keywords:** Cerebro-costo-mandibular syndrome (CCMS), Wnt, BMP, rib gap, rib
49 defects, somite patterning, chondrogenesis, epaxial, hypaxial

50 Introduction

51 The rib is an anatomically unique structure: by articulating with the vertebrae in
52 distinct ways, the ribs form a cage that is flexible enough to allow ventilation but
53 strong enough to protect the internal organs. Defects in rib structure are rare,
54 implying a robust mechanism that is resilient to congenital errors in development.
55 Yet, one example of a condition in which multiple defects in rib structure are
56 observed is cerebro-costo-mandibular syndrome (CCMS). First characterised in
57 1966, CCMS is a developmental disease with craniofacial and rib defects
58 including rib-gaps, missing ribs, abnormal costo-transverse articulations and
59 shortened ribs (Smith et al., 1966). Of these, the most remarkable is the presence
60 of rib gaps, a discontinuity occurring in the proximal part of the costal shaft of
61 multiple ribs. The finding is pathognomonic of CCMS and results in perinatal
62 instability of the thoracic cage, leading to extensive medical intervention and high
63 mortality (Tooley et al., 2016, Watson et al., 2014).

64 Two groups have independently confirmed that loss-of-function mutations in
65 small nuclear ribonuclear associated protein B/B' (*SNRPB*) cause CCMS.
66 *SNRPB* encodes a component of the major spliceosome SmB/B' and mutation
67 leads to inclusion of a premature termination codon that reduces the protein level
68 (Bacrot et al., 2015, Lynch et al., 2014). *In vitro*, downregulation of *SNRPB*
69 expression results in a reduction of inclusion of alternative exons in hundreds of
70 genes (Saltzman et al., 2011), however, it is not known how reduction in a
71 component of the major spliceosome affects skeletogenesis.

72 In early embryogenesis after gastrulation, the paraxial mesoderm undergoes
73 metameric segmentation to form somites, which give rise to the axial skeleton,
74 skeletal muscles and dorsal dermis (Bothe et al., 2007). The somite is patterned

75 along its dorsoventral and mediolateral axes to form four discrete compartments
76 known as the dermomyotome, myotome, syndetome and sclerotome (Bothe et
77 al., 2007, Brent et al., 2003). The sclerotome is the most ventral compartment in
78 the somite and embryological antecedent of the axial skeleton (Huang et al.,
79 2000, Evans, 2003). Soluble ligands from the surrounding tissues stimulate cell
80 fate commitment, proliferation, migration and differentiation of sclerotome cells to
81 form axial structures such as the ribs and vertebrae. Three well known pathways
82 involved in somite patterning and skeletal development are the bone
83 morphogenic protein (BMP), Wnt/ β -catenin (referred to as Wnt in this paper) and
84 sonic hedgehog (Shh) pathways (reviewed in (Bothe et al., 2007, Geetha-
85 Loganathan et al., 2008). For rib phenotypes to occur, it is hypothesised that the
86 process of somite patterning may be disrupted through altered balance of at least
87 one of these pathways.

88 Dorsoventral patterning of the somite precedes growth and differentiation of
89 cartilage and bone progenitors in the sclerotome (Huang et al., 2000, Evans,
90 2003). This occurs through secretion of Shh and the natural BMP inhibitor Noggin
91 from the notochord and floor plate of the ventral neural tube (McMahon et al.,
92 1998, Marcelle et al., 1997). Noggin antagonises BMP signals that emanate from
93 the lateral plate mesoderm and dorsal neural tube (Pourquie et al., 1996,
94 Tonegawa et al., 1997). Secretion of these signalling molecules generates a
95 concentration gradient of Shh from ventral to dorsal and an opposing gradient of
96 BMP pathway activity, eliciting different somitic cell fates at given concentrations
97 (Fan and Tessier-Lavigne, 1994, Johnson et al., 1994, McMahon et al., 1998,
98 Cairns et al., 2008). High concentrations of both Shh and Noggin are required for
99 induction and maintenance of the sclerotome markers *Pax1* and *Pax9* in the

100 ventromedial somite, which suppress myotome and dermomyotome markers
101 (Muller et al., 1996, Balling et al., 1988, McMahon et al., 1998, Furumoto et al.,
102 1999, Cairns et al., 2008). *Pax1* is first broadly expressed in the sclerotome and
103 gradually confined to the most ventromedial part of the somite, where it induces
104 *Pax9* expression. *Pax1* mutants and *Pax1/Pax9* double homozygous mutants
105 both fail to form the proximal rib, including the head, neck and tubercle, as well
106 as the vertebra (Wallin et al., 1994, Dietrich and Gruss, 1995, Balling et al., 1988,
107 Peters et al., 1999). Together, these ventral sclerotome derivatives are known as
108 the epaxial skeleton and are *Pax1*-dependent (Brand-Saberi et al., 1993, Koseki
109 et al., 1993, Wallin et al., 1994, Christ et al., 2004). On the other hand, the lateral
110 half of the somite is specified mainly by BMP signals, of which the sclerotomal
111 portion develops into the distal rib (Pourquie et al., 1996, Stafford et al., 2011,
112 Olivera-Martinez et al., 2000). In both *Pax1/9* mutants and CCMS, the distal rib
113 is kept intact. However, the rib defects observed in *Pax1* and *Pax1/9* mutants
114 differ from the CCMS phenotype, as the vertebrae and proximal ribs fail to
115 develop rather than forming a gap in the costal shaft. As such, the rib defects in
116 CCMS are unique and likely caused by multiple gene defects at various
117 developmental stages.

118 In addition to somite patterning, the Wnt and BMP pathways are intimately
119 involved in the growth and differentiation of cartilage and bone (reviewed in
120 (Itasaki and Hoppler, 2010). BMPs were originally named for their ability to
121 stimulate cartilage and bone growth (Wozney et al., 1988), and BMP2 promotes
122 chondrogenesis through induction of *Sox9* expression (Yoon and Lyons, 2004,
123 Pan et al., 2008). The Wnt pathway positively regulates osteogenic activity
124 (Holmen et al., 2005) and, together with the BMP pathway, cooperates for

125 osteochondrogenesis (Fischer et al., 2002, Mbalaviele et al., 2005, Chen et al.,
126 2007). Knockdown of *SNRPB* *in vitro* demonstrated that Wnt pathway activity was
127 significantly decreased and BMP pathway activity was significantly increased in
128 HEK293 cells (Unpublished). The roles of these signals in sclerotome
129 development and cartilage formation are well known and summarised above, but
130 little is known about the impact of signal modulation on rib development.
131 Here, we show that local modulation of the Wnt, BMP and Shh pathways causes
132 a wide variety of rib and vertebral defects in chick embryos. Most striking of all
133 was the recapitulation of the rib gap phenotype, that has never before been seen
134 in model animals, through local inhibition of the Wnt pathway. Other defects seen
135 in CCMS such as missing ribs, scoliosis and shortened ribs were also observed
136 with activation of the BMP pathway and inhibition of the Wnt pathway. The
137 expression pattern of Sox9 as a marker of chondrogenic differentiation in somites
138 (Lefebvre et al., 1997, McKeown et al., 2005) suggested that rib gaps were mainly
139 due to the effect of Wnt inhibitors on chondrogenesis, whilst BMP pathway
140 activation affected dorsoventral patterning. We propose that the manifestation of
141 rib abnormalities in CCMS is due to a combination of disrupted dorsoventral
142 patterning of somites and inhibition of chondrogenic differentiation.

143

144

145 **Methods**

146 **Egg incubation**

147 Chick embryos were used as a model system because of the accessibility of
148 somites and capacity to continue incubation after the intervention. Fertilised chick
149 eggs were incubated at 38°C in a horizontal position to allow the embryo to

150 surface to the superior aspect of the yolk. Incubation for around 50 hours yielded
151 a range of embryos from Hamburger and Hamilton (HH) stage 11-14 (Hamburger
152 and Hamilton, 1951). Eggs were then washed with 70% ethanol, and 3ml of
153 albumen was withdrawn using a sterile syringe and needle. A 2cm oval window
154 was cut into the shell on the superior surface of the horizontal egg, exposing the
155 embryo beneath the amnion and vitelline membrane. After bead implantation, the
156 eggs were sealed with tape and placed back in the incubator for a further 1-12
157 days.

158

159 **Bead preparation**

160 Beads were soaked for an hour in pathway activity-modulating chemicals or
161 proteins, before implantation into the embryos. The chemicals used to soak the
162 beads were selected in accordance with their ability to either activate or inhibit
163 the BMP, Wnt and Shh pathways (Table 1). Two types of beads were used in this
164 experiment: heparin beads (Source Biosciences) for BMP4 and Dkk1 proteins
165 and AG 1-X2 (BioRad) beads for inorganic chemicals. The solvent for proteins
166 was phosphate buffered saline (PBS) and for inorganic chemicals was dimethyl
167 sulphoxide (DMSO); concentrations of the soaking solutions can be seen in Table
168 1. After soaking, the beads were washed in PBS solution. One μ l of Fast-Green
169 dye and penicillin (100units/ml) with streptomycin (100 μ g/ml) was administered
170 on to the vitelline membrane for anatomical visualisation and infection control.
171 The vitelline membrane and amnion were peeled back, and an incision was made
172 on the right side of the thorax between the neural tube and somite or pre-somitic
173 mesoderm in younger embryos, at the level of somites 20-26 from which the
174 chicken ribs develop. This level corresponds to just below the point at which the

175 umbilical vessels enter the embryo, making them a good marker for the
176 intervention in the absence of somites. Beads were then implanted into the
177 youngest somite of the 20-26 range, or if the embryo was too young to have
178 developed somites in this range then the most cranial part of the pre-somitic
179 mesoderm was used. Based on resegmentation theory, which states that each
180 rib and vertebra are composed from the caudal and cranial hemi-somites (Stern
181 and Keynes, 1987), two beads were implanted across two somite levels. This
182 ensured that an entire rib and vertebra would be exposed to the intervention. Due
183 to the nature of performing a three-dimensional procedure on a two-dimensional
184 field, some of the beads were placed relatively deeper and settled in the ventral
185 portion of the somite, whilst other beads settled dorsally if the incision was more
186 superficial. This resulted in a slight variation of implantation depth which only
187 became apparent once the embryos were fixed for the analysis.

188

189 **Embryo processing for cartilage and bone staining**

190 Post-incubation, embryos were isolated from the yolk and albumen. The head,
191 abdominal and thoracic organs were dissected out to maximise intensity and
192 clarity of staining. The embryos were fixed in 96% ethanol for 24 hours, before
193 being bathed in 0.02% Alcian blue solution with 70% ethanol and 5% acetic acid
194 for a further 24 hours. Where appropriate 0.005% Alizarin red was also added for
195 bone staining. The soft tissues were then dissolved using 1% potassium
196 hydroxide (KOH) solution and preserved in a glycerol/ KOH mixture (Behringer,
197 2014).

198

199 ***In-situ* hybridisation**

200 Some embryos were harvested 24 hours after bead implantation and processed
201 for *in situ* hybridisation, to evaluate the position of bead implantation and somite
202 patterning. Due to the range of HH stages at implantation, harvesting 24 hours
203 late led to collection of embryos at HH stages 16-18. The Sox9 probe (kindly
204 gifted by Dr M. Cheung, University of Hong Kong) was used, following the
205 hybridisation protocol (Acloque et al., 2008). Embryos were then embedded in
206 3% agarose blocks and cut into 50 μ m sections using a vibratome.

207

208 **Statistical analysis**

209 Each chemical or protein was examined in its ability to elicit any one of the thirteen
210 different phenotypes. When compared in their ability to generate the rib
211 phenotypes, the two control beads DMSO and PBS, were not statistically different
212 on any count and, as such, the results of the two controls were combined to create
213 a greater control size.

214 The number of embryos in the control group displaying a phenotype was less
215 than 5 in most cases. Therefore, a one-tailed Fisher's exact test was employed
216 instead of the Chi-Squared test, to compare the test chemicals and proteins to
217 the controls in their ability to generate each phenotype. Using this method,
218 statistically significant effects of 2-bead implantation were identified as shown in
219 Table 2. After the finding that phenotypes were much more pronounced using
220 two-bead data, the one-bead data were excluded from the statistical analysis in
221 this study.

222 **Results**

223 **Classification of phenotypes and statistical analysis**

224 Of a total 116 embryos that survived to be stained for cartilage development
225 analysis, 83 embryos (72%) displayed one or more phenotypes as described
226 below. The incidence of phenotypes by individual chemicals is shown in Table 2
227 along with classification of the phenotype and statistical analysis. The table
228 highlights how each chemical or protein pathway modulator generated a unique
229 set of typical traits presented in the figure panels below (Fig. 1-4), revealing the
230 effect of Wnt, BMP and Shh pathway modulation on rib and vertebral
231 morphogenesis.

232 Despite the instructive role of Wnt, BMP and Shh signals in development, the
233 incidence of phenotypes was variable. This may be due to the long re-incubation
234 period that resulted in variable displacement of the beads during morphogenesis,
235 as demonstrated by the range of bead positions in Fig. 1-5. The lower phenotype
236 incidence with increased length of incubation period has also been documented
237 by others performing bead experiments (Huang et al., 2003).

238 Additionally, whilst the beads were always placed on the right side of the thorax,
239 some left-sided phenotypes did occur. In such embryos, the bead was often found
240 close to the midline in the vertebral column and hence, could affect the
241 contralateral side. This is likely a manifestation of the ventral migration of
242 sclerotome cells and left-sided phenotypes are therefore considered to be due to
243 medial displacement of beads during growth. This is particularly emphasised in
244 the present study, due to the long latency between bead implantation and
245 harvesting.

246

247 **Phenotypes yielded by Dkk1**

248 Two different Wnt pathway inhibitors, Dkk1 and PNU-74654, were used in this
249 experiment. Dkk1 is a LRP5/6 co-receptor antagonist and hence prevents cellular
250 transduction of Wnt signals (Mao et al., 2001, Semenov et al., 2001). Fig. 1
251 displays the statistically significant phenotypes observed with Dkk1, which
252 included the presence of rib gaps. Due to the degree of variation in the rib gap
253 phenotype, it was sub-categorised into two further groups: proximal rib defects
254 and shaft defects. The proximal rib defect is defined as absence of the costal
255 head, neck and/or tubercle, often associated with structural underdevelopment of
256 the vertebra (Fig. 1A,D,F). Whereas, a shaft defect is defined as a discontinuity
257 within the rib shaft with preserved rib head and neck (Fig. 1B,C). For both shaft
258 defects and proximal rib defects, the phenotype was statistically significant
259 ($P < 0.05$).

260 Other typical phenotypic features for Dkk1 compared to other chemicals, were
261 that it had a higher incidence of multiple rib gaps at different axial levels (Fig.
262 1A,C,D) and frequently had associated vertebral phenotypes (Fig. 1A,D-G).
263 These included vertebral malformations ($P < 0.05$) which is any alteration to the
264 normal vertebral morphogenesis such as hemi-vertebrae, as well as vertebral
265 fusions, where a vertebra becomes fused to its cranial or caudal counterpart (Fig.
266 1A, D-G). Other skeletal defects observed included the incidence of missing ribs
267 ($P < 0.01$), defined as the lack of the entire length of a rib (Fig. 1E-H), and
268 shortened ribs, which are truncations of the distal part of the rib that reduce its
269 overall length (Fig. 1E).

270

271 **Phenotypes yielded by PNU-74654**

PNU-74654 is a small molecule inhibitor of the Wnt pathway that blocks intracellular β -catenin interactions (Trosset et al., 2006). Fig. 2 displays the phenotypes observed with PNU74654 and, as with Dkk1, both the shaft defect (Fig. 2A-D) and proximal rib defect (Fig. 2E-G) phenotypes were significant ($P < 0.05$), yet there were subtle differences between PNU-74654 and Dkk1. Chiefly, rib gaps were noted to be larger with PNU-74654 than Dkk1, and occurred at a single axial level (Fig. 2A,C,D). Other differences with PNU-74654 beads as compared to Dkk1 included additional pairs of ribs, less common vertebral phenotypes and fewer instances of missing ribs (Fig. 2E-H; Table 2).

281

282 **Phenotypes yielded by BMP4**

As would be expected, placing BMP4 into the paraxial mesoderm of the developing embryo had a profound effect on rib and vertebral development, with the most extreme examples seen in Fig. 3A-D. Principally affected in these embryos was vertebral development, with trans-sectional fusion of vertebrae across many axial levels (Fig. 3A,D,H) ($P < 0.001$), marked serial vertebral maldevelopment (Fig. 3B,D,G) ($P < 0.001$) and scoliosis (Fig. 3A,C,D) ($P < 0.05$), a three-dimensional deformity of the spine with curvature and rotation. However, these cases of scoliosis exhibited marked vertebral malformation and fusion, thus, the phenotype presented here is due to developmental failure of the vertebrae. This differs from the phenotype in CCMS patients, who develop scoliosis during childhood (Tooley et al., 2016).

Another key element to the BMP4 phenotype was missing ribs (Fig. 3A-D,F,G), which occurred almost as frequently as vertebral phenotypes ($P < 0.01$). Furthermore, shortened ribs (Fig. 3B,G) ($P < 0.05$), a truncated version of the rib

that has intact proximal rib elements with variable length at distal segments, were also noted with BMP4. Rib fusions, the joining of two adjacent ribs to one another (Fig. 3C,F-H), and rib malformations, any structural abnormality in the form of the rib excluding shortening, bifurcation, fusion or rib gaps, were also observed (Fig. 3A,D) ($P<0.05$) but intriguingly rib gap defects were seen sparingly in this group (Fig. 3E,F).

303

304 **Phenotypes yielded by K02288**

K02288 is a selective inhibitor of type I BMP receptors (Sanvitale et al., 2013). Embryos implanted with K02288 beads only displayed defects that were highly localised to the position of the bead (Fig. 4). The defining feature was the high frequency of rib fusions (Fig. 4A-D,F) ($P<0.01$) as well as vertebral fusions limited to two adjacent vertebrae (Fig. 4A-C,E,G,H) ($P<0.001$) and focal vertebral defects (Fig. 4B,E,G,H) ($P<0.01$), that all occurred in close proximity to the bead. This is in direct contrast to BMP4, which generated profound malformations affecting the entire vertebra, often across multiple axial levels. In addition, missing ribs were noted with K02288 beads ($P<0.05$), though in most cases this appeared to be due to fusion of two ribs to one another (Fig. 4B-E). Thus, whilst the table shows that similar traits were caused by BMP pathway activation and inhibition, Fig. 3 and 4 display how the manifestation of these phenotypes is very different (see Discussion).

318

319 **Phenotypes yielded by other chemicals**

Fig. 5 presents a summary of the typical defects generated by cyclopamine, BIO and DMSO. Defects caused by the Shh inhibitor cyclopamine (Incardona et al.,

1998) were mostly rib and vertebral fusions (Fig. 5A) as well as vertebral bridging, small cartilaginous projections joining the inferolateral corner of the superior vertebra with the transverse process of the inferior vertebra (Fig. 5B). However, none of these phenotypes achieved statistical significance. BIO (Meijer et al., 2003), was expected to yield phenotypes because of its strong activation of the Wnt/ β -catenin pathway, but only generated rib malformations ($P < 0.05$) (Fig. 5C,D).

The two control solvents used in this study were PBS and DMSO. Similar to results described in other studies (Nifuji et al., 1997), the controls demonstrate that the beads themselves can cause ectopic cartilage production and rib bifurcation (Table 2; Fig. 5E,F). Likely, this is due to the physical intervention causing disruption of cell condensations resulting in a small group of cells being split from the main chondrogenic population.

Sox9 expression implicates pathway modulation in somite patterning and chondrogenesis

To determine whether the pathway modulators acted on dorsoventral patterning of the somites or chondrogenesis, the chondrogenic cell fate marker Sox9 was used on embryos harvested one day after bead implantation. Expression of Sox9 is first broad in the whole somite and later localised to the chondrogenic precursors in the sclerotome (Lefebvre et al., 1997, McKeown et al., 2005). It is therefore considered that Sox9 indicates the cells' potency to undergo chondrogenic differentiation. The pathway modulators used in the beads were BMP4, Dkk1 and PNU-74654 due to implication of BMP pathway activation and Wnt pathway inhibition in *SNRPB* knockdown cells (unpublished). It was

347 observed that all three reagents reduced Sox9 expression in the developing
348 sclerotomes (Fig. 6). This result was interpreted with the known effects of the Wnt
349 and BMP pathways on dorsoventral patterning of the somite and chondrogenesis,
350 the significance of which is discussed below.

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351 **Discussion**

352 The remarkable rib gap phenotype is one of the defining features of CCMS and
353 has here been reliably replicated by local inhibition of the Wnt pathway through
354 bead implantation. The mechanism through which Wnt inhibitors may exert this
355 effect relies on two separate roles of the Wnt pathway during skeletal
356 development; dorsoventral patterning of the somite and chondrogenesis.

357

358 **Somite patterning and proximal rib development**

359 Wnt signals are secreted by the roof plate of the neural tube and surface
360 ectoderm, inducing dermomyotome formation in the dorsal somite through *Pax3*,
361 *Myf5* and *MyoD* expression (Capdevila et al., 1998, Ikeya and Takada, 1998, Otto
362 et al., 2006). Together with the ventralising signal Shh, dorsoventral patterning of
363 the somites is achieved. However, it has been shown that genetic knockout of
364 *Wnt3a* does not affect development of the sclerotome, rather, it only reduces the
365 dermomyotome (Ikeya and Takada, 1998). In addition, the fact that the Wnt
366 pathway is not active in the sclerotome during the early stages of somitogenesis,
367 supports that Wnt signalling is not required for sclerotome development (Qian et
368 al., 2011). Therefore, it is likely that Wnt inhibitors administered in the medial side
369 of the somite would not impact dorsoventral patterning, for if they had, then
370 expansion of the ventral domain of the somite would have been anticipated, which
371 was not observed (Fig. 6A,B). Hence, reduced Sox9 expression in somites due
372 to Wnt inhibitors suggests differentiation of chondrocytes was affected, rather
373 than dorsoventral patterning.

374 However, it is unclear why CCMS patients do not present with myotomal
375 phenotypes if the Wnt pathway is affected. In fact, the Wnt pathway is required in

many aspects of embryogenesis such as gastrulation, neurulation and organogenesis, none of which are affected in CCMS. Therefore, it is speculated that the defect in the Wnt pathway is rather mild *in vivo* and additional mechanisms likely regulate the localised phenotype.

Different from the dorsoventral axis, the mediolateral axis of the somite is patterned mainly by BMP signals from the intermediate and lateral plate mesoderm. Along with the endogenous BMP antagonist Noggin from the notochord, a gradient of BMP activity is created, from low at the medial to high at the lateral side of the somite (Pourquie et al., 1996, Tonegawa et al., 1997, Tonegawa and Takahashi, 1998). High BMP signals induce *Sim1* expression in the lateral half of the somite, thus dividing it into epaxial and hypaxial domains mediolaterally (Pourquie et al., 1996, Cheng et al., 2004). The epaxial (medial) portion of the sclerotome, which is *Pax1*-positive and *Sim1*-negative, gives rise to the ipsilateral vertebra and proximal rib; the costal head to the costal angle (Bothe et al., 2007, Cheng et al., 2004, Olivera-Martinez et al., 2000), and is delimited by the attachment of the epaxial muscles at the costal angle (Moore et al., 2014). In CCMS, it appears from clinical images that the rib gaps centre around the angle of the rib at the epaxial-hypaxial border (Doyle, 1969, Silverman et al., 1980, Tachibana et al., 1980, Plotz et al., 1996, Watson et al., 2014, Tooley et al., 2016). It is hence speculated that unbalanced BMP signals are involved in the rib gap phenotype in CCMS, through the perturbation of the mediolateral patterning of the somite.

In this study, both BMP4 and the BMP receptor inhibitor K02288 affected rib morphogenesis, with distinct phenotypes (Figs. 3 and 4). Exogenous BMP4 introduced by bead implantation into the medial side of the somite has likely

hindered development of the medial somite by antagonising Noggin. This diminishes the epaxial domain, resulting in defects in derived structures such as the vertebrae and proximal ribs, as seen in Fig. 3. These phenotypes are similar to those caused by deletion of *Pax1/9* (Wallin et al., 1994) or by excess BMP signals (Stafford et al., 2011, Stafford et al., 2014, Tonegawa et al., 1997). They are due to a failure of sclerotome specification, reflected by reduced expression of *Pax1* in the ventral somite (Tonegawa et al., 1997, Stafford et al., 2011, Stafford et al., 2014) that subsequently causes a failure of maintaining *Sox9* (Peters et al., 1999) which was also observed in this study (Fig. 6D). The high BMP signals in this study therefore most likely affected the normal gradient of BMP signals from medial to lateral across the somite, thus affected the entire epaxial sclerotome causing the vertebral and rib defects (Fig. 3). The report that exogenous BMP2 is able to induce rib abnormalities in chicks on embryonic day two (HH stage 12) but not day three (HH stage 19) (Nifuji et al., 1997), agrees with our result and suggests that the somites are patterned by the end of embryonic day 2.

K02288 beads produced focal rib and vertebral defects including missing ribs, vertebral malformations and vertebral fusions, localised to the bead position. In somite patterning, K02288 may be anticipated to expand the epaxial domain, in contrast to BMP4. However, the endogenously expressed Noggin already functions as a BMP inhibitor, therefore additional BMP inhibitor was likely not effective in somite patterning. Furthermore, given that K02288 is a chemical compound and likely more stable than BMP4 proteins, it is speculated that the chemical persisted till later stages of development to affect cartilage differentiation. This is concordant with the observation that the defects with

K02288 were localised to the bead location. That is to say, despite the possible expansion of the medial sclerotome, the cells fail to differentiate into cartilage as BMP signals are crucial for chondrogenesis (Yoon and Lyons, 2004). Therefore, K02288 is able to cause skeletal defects through interruption of chondrogenesis.

430

431 **Somite patterning and position of the rib gap**

432 As mentioned above, rib gaps seen in CCMS appears to locate around the angle
433 of the rib at the epaxial-hypaxial border (Doyle, 1969, Silverman et al., 1980,
434 Tachibana et al., 1980, Plotz et al., 1996, Watson et al., 2014, Tooley et al., 2016).
435 The shaft defects observed through Wnt inhibition in this study occurred in a
436 similar position to CCMS, with both the epaxial and hypaxial domains preserved
437 (Fig. 1B,C; Fig. 2A-D). However, in the experiment the gaps tended to be wider
438 with PNU-74654 as opposed to Dkk1 (Fig. 2C,D). This could be due to the
439 difference in the stability between the Wnt inhibitors, as observed between
440 K02288 and BMP4. The chemical compound, PNU-74654, is likely more stable
441 than the Dkk1 protein and hence retained for longer in the developing tissue
442 where it continues to inhibit chondrogenesis for an extended period, resulting in
443 larger gaps than that caused by Dkk1.

444 Somites are well-studied structures and known to be patterned dorsoventrally
445 and mediolaterally, by signals emanating from the surrounding tissues (Bothe et
446 al., 2007). Ventralisation of the somite occurs before segmentation and hence
447 specifies the sclerotome. Whereas, mediolateral patterning occurs later in
448 development and relies on Wnt and BMP to confer epaxial-hypaxial cell
449 commitment (Cheng et al., 2004, Ahmed et al., 2006). Due to the distance from
450 Wnt and BMP sources, sclerotome cells on the epaxial-hypaxial border are likely

susceptible to these reduced signals and may fail to undergo chondrogenic differentiation. It is postulated that this signal perturbation affects susceptible cells in the somite and may explain the position of the rib gap at the epaxial-hypaxial boundary, both experimentally and in CCMS.

455

456 **Chondrogenesis**

The relationship between the Wnt and BMP pathways in cartilage formation are highly complex and, unlike in osteogenesis, the developmental steps of chondrogenesis have not been well defined. In particular, there has been much discussion in the literature as to whether the Wnt pathway is a positive or negative regulator of chondrocyte differentiation and proliferation (Tuan, 2003, Akiyama et al., 2004, Chen et al., 2007, Dao et al., 2012). *In vitro* studies using the mesenchymal cell line C3H10T1/2 have shown that BMP2 strongly promotes chondrocyte differentiation and that Wnt enhances this (Fischer et al., 2002). Moreover, mouse *in vivo* studies also show that the Wnt pathway promotes chondrocyte differentiation and Sox9 expression in the presence of BMP2, showing that the Wnt pathway is a positive regulator of chondrogenesis (Yano et al., 2005, Chen et al., 2007). This may explain how inhibition of the Wnt pathway in this study blocked cartilage formation in the presence of endogenous BMPs.

The radiolucent space in the rib gaps in CCMS is filled by fibrous tissues *in vivo* (Silverman et al., 1980, Oestreich and Stanek, 2010). In this study, a fibrous translucent tissue was also seen to bridge the rib gap. It is speculated that the cells which failed to differentiate into chondrocytes had adopted the tenocyte lineage, loosely connecting the proximal and distal parts of the rib, as seen in Fig. 2D.

476

477 **The effect of the BMP and Shh pathways on skeletal development**

478 In contrast to somite patterning and sclerotome induction that require BMP
479 antagonism by Noggin (McMahon et al., 1998), differentiation of the sclerotome
480 to undergo chondrogenesis requires BMP signals. Together with Shh, BMP
481 signals establish an autoregulatory loop of *Sox9* and *Nkx3.2*, two genes essential
482 for chondrogenesis (Zeng et al., 2002). Because of this, over-expression of
483 Noggin in already-formed somites results in loss of ribs and vertebrae (Murtaugh
484 et al., 1999), reflected in our results with K02288 (Fig. 4). Reducing BMP signals
485 by heterozygous deletion of BMP2 and 4 shows a milder yet similar phenotype,
486 in which only the proximal part of the last rib fails to form (Goldman et al., 2009,
487 Goldman et al., 2006). Due to the opposing roles of the BMP pathway in somite
488 patterning and chondrogenesis for the cartilage development, phenotypes
489 caused by BMP4 and K02288 resulted in similar phenotypes as discussed above.
490 Given the instructive role of Shh in sclerotome induction, one might anticipate
491 that the Shh inhibitor cyclopamine would cause a drastic phenotype on the
492 skeletal development. In fact, targeted deletion of *Shh* in mouse results in an
493 almost complete lack of axial skeleton (Chiang et al., 1996). However,
494 cyclopamine does not affect already-formed somites (Incardona et al., 1998),
495 suggesting that the ventral part of paraxial mesoderm is committed to form the
496 sclerotome at a very early stage by endogenous Shh before bead implantation.
497 As such, the fate of the ventral mesoderm to form the sclerotome could not be
498 altered in this study, which also explains why blocking BMP signals by K02288
499 did not enhance the effect of endogenous Noggin that would otherwise have
500 yielded extra-cartilage phenotypes.

501

502 **Conclusion**

503 Here we show that local modulation of the Wnt and BMP pathways produces
504 marked axial skeletal abnormalities. The rib gap defect, which is pathognomonic
505 of CCMS, as well as the missing rib and shortened rib defects, were recapitulated
506 in this study. Particularly, the shaft defect has never before been seen in any
507 mouse mutants or other model animals to our knowledge. The proposed
508 mechanism of action postulates that there is a susceptible area in the dorsal
509 sclerotome at the epaxial-hypaxial boundary, that is particularly vulnerable to the
510 balance of signals during somite patterning. With reduced Wnt pathway activity,
511 these cells are no longer able to differentiate into chondrocytes, hence yielding
512 rib gaps. An intriguing question is why the phenotype is so localised in CCMS
513 patients, despite the fact that both the Wnt and BMP pathways are required in
514 many other regions during embryogenesis. The fact that basic developmental
515 steps of embryogenesis which require Wnt and BMP, such as axial elongation
516 and visceral development, are largely normal in CCMS patients, shows that the
517 global effect on pathway activities is minimal. Consequently, only the structures
518 requiring a precise level of the signalling activities can be affected.

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525 The authors declare that they have no competing interests. Further data can be
526 obtained from the authors upon request.

527

528

529 **Authors' contributions**

530 BT conducted the experiments, photographed the embryos, reported and
531 analysed the results and was a major contributor in writing the manuscript. NI
532 conducted the pilot experiments, curated the hypothesis, designed the
533 experiments, helped to analyse the data and was also a major contributor to
534 writing the manuscript.

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720 **Figure Legends**

721 **Fig. 1 Phenotypes by Dkk1**

722 Alcian-blue stained chick embryos at HH stage 32-33, dorsal view, following
723 implantation of Dkk1 beads (yellow). Red arrows indicate the phenotype. The
724 right column (A'-H') shows higher magnifications of the phenotypic area, with
725 dotted lines indicating missing rib parts. Beads are highlighted in yellow in low
726 magnification figures where possible. Chickens normally have seven pairs of ribs.
727 Scale bar, 1 mm.

728 **A)** Large posterior proximal defects of the fourth and fifth ribs on the left and the
729 fourth, sixth and seventh ribs on the right.

730 **B)** Shaft defect in the second right rib

731 **C)** Shaft defects of the first and second left ribs. A bead is noted inferior to distal
732 rib segment.

733 **D)** Proximal defects of the first left and third right ribs, with severe fusion and
734 malformation of vertebrae T1-T7.

735 **E)** Missing third and fifth right ribs with a shortened second left rib, as well as
736 malformation of vertebrae T2-T5.

737 **F)** Missing sixth right rib and seventh left rib, with an additional eighth rib.

738 **G)** Missing fifth right rib.

739 **H)** Missing seventh right rib.

740

741

742 **Fig. 2 Phenotypes by PNU-74654**

743 Alcian-blue stained chick embryos at HH stage 32-33 (**A-C**, and **E-G**) and Alcian-
744 blue plus Alizarin-red stained 35-36 (**D,H**), dorsal view. Red arrows and

745 arrowheads indicate the phenotype. Beads are highlighted in yellow. The right
746 column (A'-H') shows higher magnifications of the phenotypic area, with dotted
747 lines indicating missing rib parts. Beads are highlighted in yellow in low
748 magnification figures where possible. Scale bar, 1 mm.

749 **A)** Shaft defect of fourth right rib. Beads are noted in the plane of the second and
750 fourth right ribs.

751 **B)** Shaft defect of seventh left rib. Asterisk indicates mechanical damage to
752 seventh right rib.

753 **C)** Large posterior shaft defect of fifth left rib.

754 **D)** Large posterior shaft defect on the third right rib. The proximal part of the third
755 rib is seen adjacent to the vertebral body and translucent tissue is seen in the
756 gap *in situ*.

757 **E)** Bilateral missing seventh ribs and small proximal defect of third right rib
758 (arrows). Some ectopic cartilage deposition is noted in the fifth left and right ribs.
759 A bead is noted medial to the third right rib head.

760 **F)** Missing seventh ribs bilaterally and proximal defect of the fifth left rib. The
761 fourth left and right ribs are malformed and there is bifurcation of the third right
762 rib.

763 **G)** Proximal defect of fourth rib.

764 **H)** Missing sixth right rib.

765

766 **Fig. 3 Phenotypes by BMP4**

767 Alcian-blue stained chick embryos at HH stage 32-33, dorsal view. Red arrows
768 and arrowheads indicate the phenotype. The right column (A'-H') shows higher

magnifications of the phenotypic area, with dotted lines indicating missing rib parts. Scale bar, 1 mm.

A) Multiple missing and shortened ribs. Scoliosis is noted as well as fusion and deformity of vertebrae T3-T7.

B) Missing second, third, fifth and sixth right ribs with only shortened remnants of the first, fourth and seventh ribs. There is malformation of vertebrae T2-T6.

C) Missing fifth left rib and scoliosis. Fusion and malformation of vertebrae T4-T7. Fusion of left sixth and seventh ribs are indicated by arrowhead.

D) Missing first, second and third ribs bilaterally as well as missing fourth right rib and shortened fifth right rib. There is a hemi vertebral deformity of T1-T5 and ectopic cartilage deposition.

E) Proximal defect of sixth right rib.

F) Vertebral defects and fusion of T4-T6 causing a reduced amount of cartilage deposition in the form of the fifth rib with shaft defect (arrow) and the rib inferior to this, presumably the fifth rib, is then attached to T6 along with the sixth rib. An eighth rib pair is noted. Fusion and branching are also noted at the distal ends (arrowhead).

G) Missing fourth right rib and shortened fifth left rib (arrow). Fusion of the third and fourth ribs on the right (arrowhead).

H) The vertebral column is fused from T1-T7 and the fifth right rib is separated from its vertebral origin but fused to the proximal end of the fourth rib to create a bifurcated appearance.

Fig. 4 Phenotypes by K02288.

793 Alcian-blue stained chick embryos at HH stage 32-33, dorsal view. Red arrows
794 and arrowhead indicate the phenotype. The right column (A'-H') shows higher
795 magnifications of the phenotypic area, with dotted lines indicating missing rib
796 parts. Beads are highlighted in yellow in low magnification figures where possible.
797 Scale bar, 1 mm.

798 **A)** Proximal defect of third right rib which has become fused proximally to the
799 fourth rib. An ectopic eighth rib pair is present and a bead is seen superior to the
800 second rib.

801 **B)** Fusion of the fourth and fifth ribs bilaterally to create a bifurcated appearance.
802 Vertebrae T4-T5 are fused. Asterisk indicates mechanical damage. An additional
803 pair of eighth ribs are seen, with the one on the right side is fused to the seventh.

804 **C)** Missing fourth left rib and fusion of the proximal end of the fourth right rib to
805 the third rib. Vertebrae T3 and T4 are fused. A bead is noted medially in the fused
806 T3 and T4.

807 **D)** Complete fusion of the third and fourth right ribs to form a single rib with a
808 superior point of attachment to the second rib.

809 **E)** Missing fourth left rib and seventh right rib. There is malformation of vertebrae
810 T4 and T6-T7.

811 **F)** Shortened sixth right rib with distal sixth and seventh rib fusion (arrowhead).

812 **G)** Fusion of T1 and T2.

813 **H)** Fusion of T6 and T7 with a small degree of malformation of T6. Asterisk
814 indicates mechanical damage.

815

816 **Fig. 5 Phenotypes by cyclopamine, BIO and DMSO.**

817 Alcian-blue stained chick embryos at HH stage 32-33, dorsal view. **(A-B)**,
818 cyclopamine; **(C-D)**, BIO; **(E-F)**, DMSO. Beads are highlighted in yellow in low
819 magnification figures where possible. Red arrows indicate the phenotype. Scale
820 bar, 1 mm.

821 **A)** Fusion of the fifth and sixth left ribs as well as fusion and malformation of T5
822 and T6.

823 **B)** Vertebral bridging.

824 **C)** Fusion of the fourth right rib to the proximal end of the fifth rib which is
825 malformed through thickening proximally.

826 **D)** Malformation of the sixth right rib, with distortion towards the bead inferiorly.

827 **E)** Bifurcation of the sixth left rib.

828 **F)** A normal set of seven ribs.

829

830 **Fig. 6 Expression of Sox9 in bead-implanted embryos.**

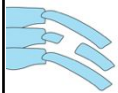
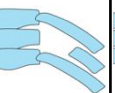
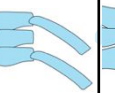
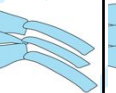

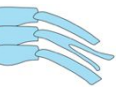



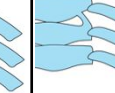
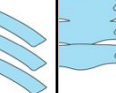
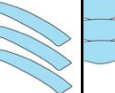
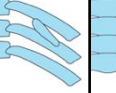
831 **A-F)** Transverse sections of Sox9-stained embryos 24 hours after bead
832 implantation at the level of somites 20-26, with pathway modulator indicated. The
833 left panel shows the section containing the bead, while the right panel shows the
834 adjacent section. The open neural tube seen in A and B reflects the fragility of
835 the young neural tube.

836 Control DMSO beads show no effect on Sox9 expression (**a**) whereas **b-d**) show
837 reduced staining on the ipsilateral side to implantation. Scale bar, 100 μ m.

Table 1. Chemicals and proteins used for bead implantation in this study

Chemical/ Protein	Full Name	Concentration	Pathway Affected	Mechanism
DMSO	Dimethyl Sulphoxide	100%	Solvent/ control	Solvent vehicle for BIO, Cyclopamine, K02288 and PNU-74654
PBS	Phosphate-Buffered Saline	1x	Solvent/ control	Solvent for proteins BMP4 and Dkk1
Dkk1	Dickkopf-related protein 1	0.5 mg/ml	Wnt inhibitor	Wnt pathway inhibitor by antagonism of LRP5/6 receptors preventing Wnt signal transduction (Mao et al., 2001, Semenov et al., 2001)
PNU-74654	Benzoic acid, 2-phenoxy-, 2-[(5-methyl-2-furanyl)methylene]hydrazide	50 mM	Wnt inhibitor	Wnt pathway inhibitor through disruption of the Tcf4- β -catenin complex that is essential for signal transduction (Trosset et al., 2006)
BIO	6-bromoindirubin-3'-oxime	5 mM	Wnt activator	GSK3 inhibitor, activating the Wnt pathway via inhibiting GSK3 β (Meijer et al., 2003)
BMP4	Bone Morphogenic Protein 4	0.1 mg/ml	BMP activator	Ligand of type I and II BMP receptors (Wozney et al., 1988)
K02288	(3-[6-amino-5-(3,4,5-trimethoxy-phenyl)-pyridin-3-yl]-phenol)	1.5 mM	BMP inhibitor	Small molecule inhibitor of the BMP receptor kinase ALK2 (Sanvitale et al., 2013)
Cyclopamine	11-Deoxyjervine	20 mM	Shh inhibitor	Small molecule alkaloid inhibitor of hedgehog signalling through direct antagonism of smoothened, the Shh receptor (Incardona et al., 1998)

Table 2. Result of statistical analyses of each chemical against the phenotypes produced by two bead implantation

	Rib Gap		Missing ribs §	Scoliosis	Short ribs §	Bifurcat- ed Rib	Rib fusion	Mal- formed rib	Vertebral mal- formation	Vertebral bridge	Vertebral fusion	Ectopic cartilage	Addi- tional rib	Pheno- type shown
	Shaft defect §	Proxi- mal rib defect												
														
Controls (n=29)	0	0	1	0	0	2	1	0	2	4	1	12	2	16 (55%)
DKK-1 (n=23)	4**	4**	7**	1	2	1	3	2	7*	0	4	3	1	15 (65%)
PNU- 74654 (n=17)	3*	4*	4	0	0	3	2	1	4	1	4	7	4	15 (88%)
BIO (n=7)	0	1	1	0	0	1	1	2*	1	0	0	0	0	7 (100%)
BMP4 (n=14)	0	2	6**	3*	3*	2	4*	3*	8***	0	7***	1	1	11 (79%)
K02288 (n=10)	0	1	4*	0	1	2	5**	1	5**	1	6***	1	0	8 (80%)
CYC (n=16)	0	0	1	0	1	2	2	2	3	3	4	7	0	11 (69%)

Significance level is indicated by * ($P<0.05$), ** ($P<0.01$), *** ($P<0.001$).

§ indicates phenotypic features typical of CCMS.

Each embryo can be counted in more than one column.

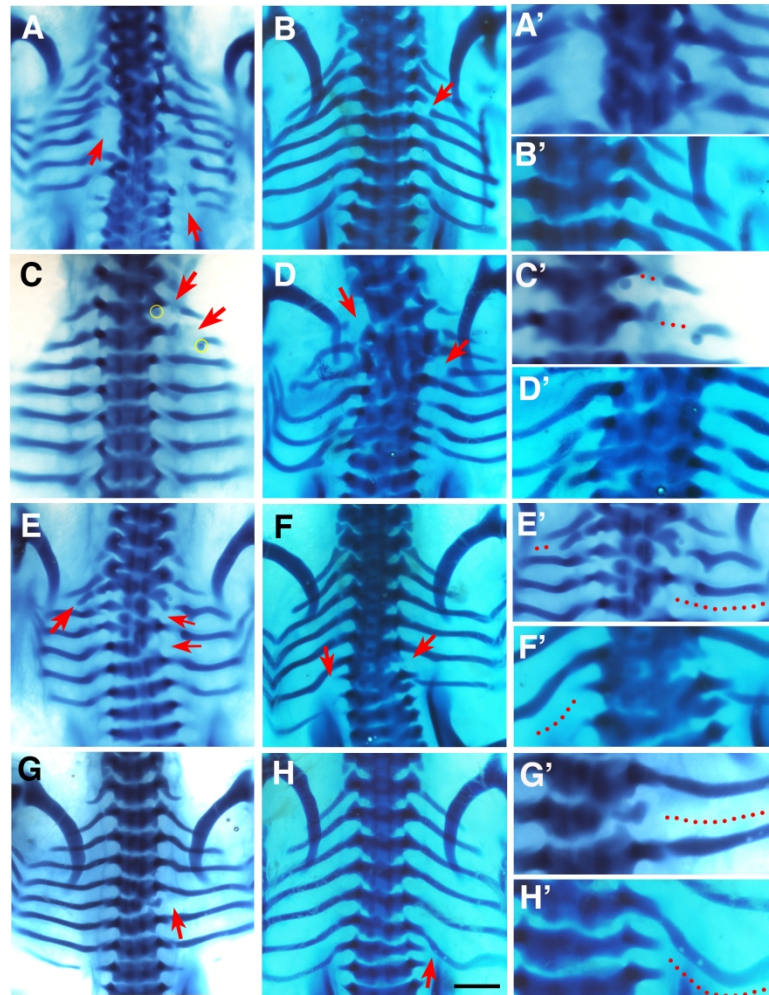
**Figure 1**

Fig. 1

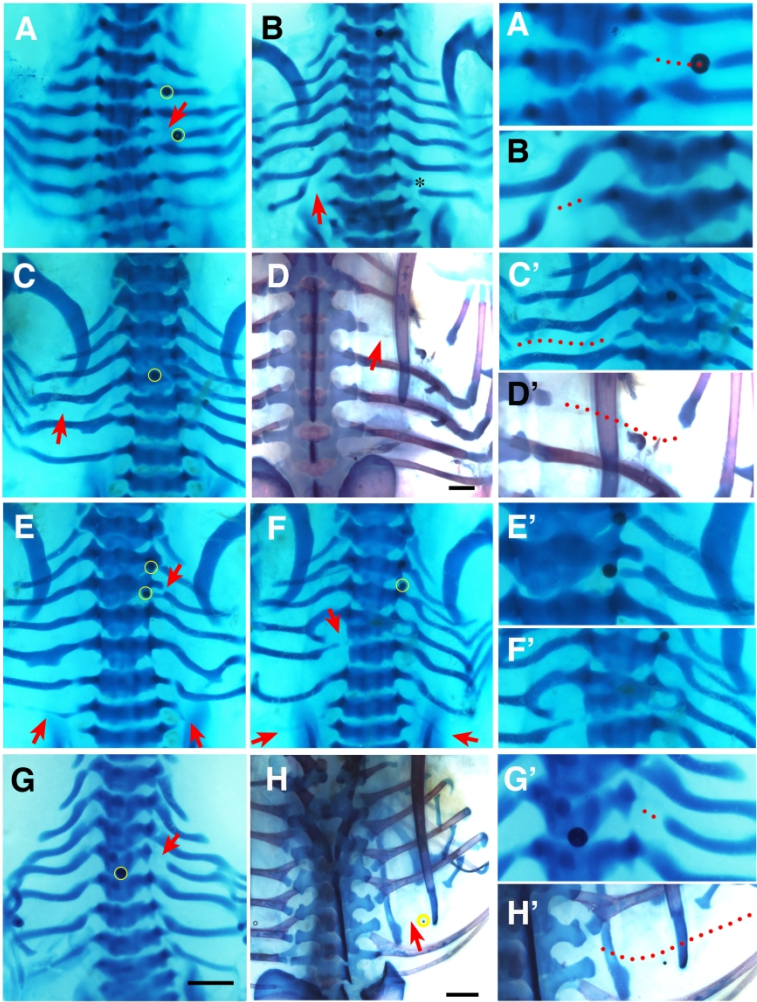


Figure 2

Fig. 2

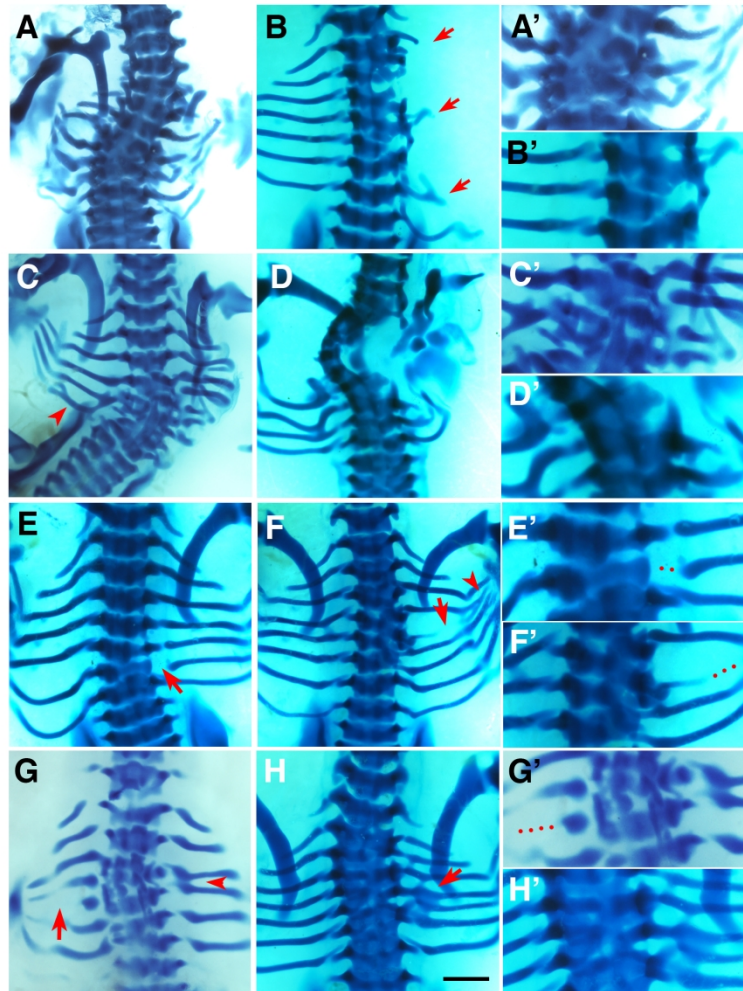
**Figure 3**

Fig. 3

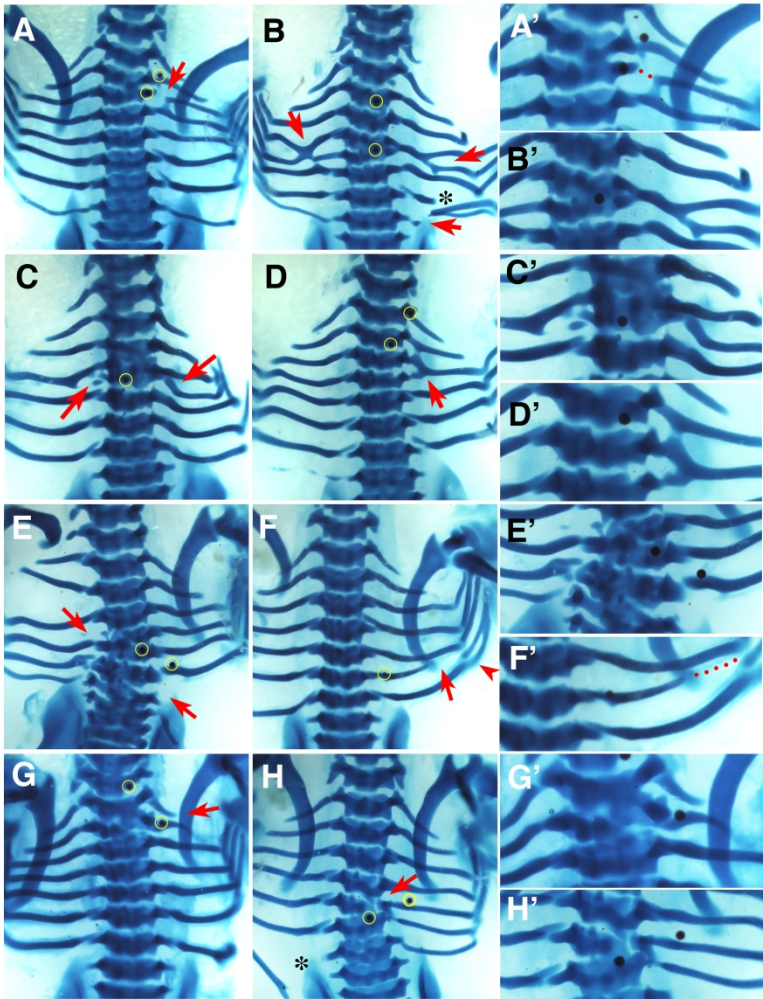


Figure 4

Fig. 4

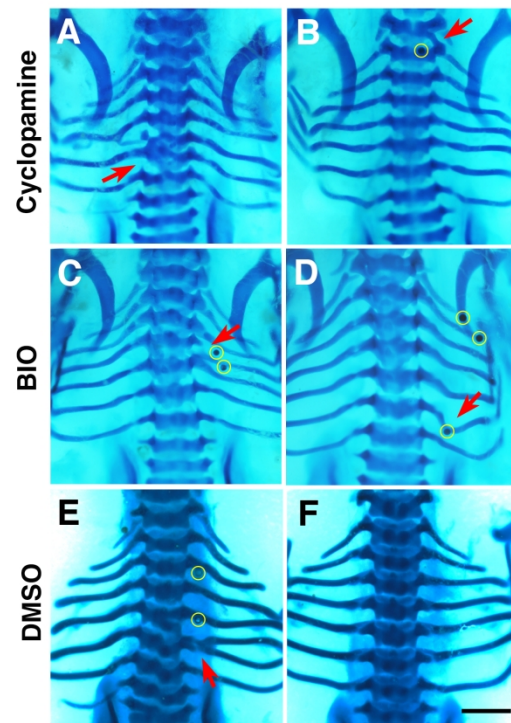


Figure 5

Fig. 5

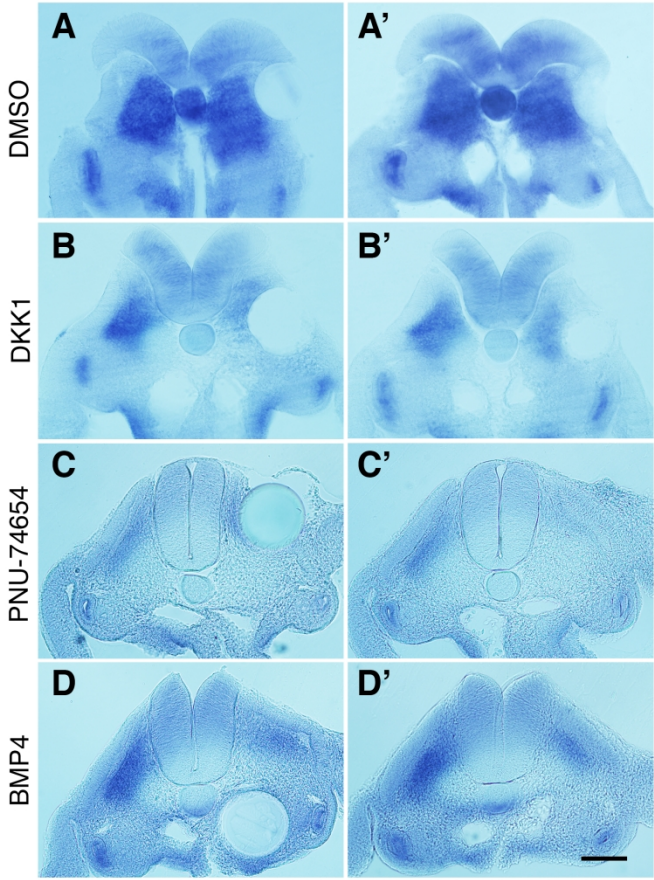


Figure 6

Fig 6